

SINGING THE BLUES



CHOREOGRAPHERS: Frank & Carol Valenta, PO Box 1076, Fletcher, NC 28732
(828) 654-9708 Fax (828) 654-8445 E-Mail: valentafe@mchsi.com
RECORD: WINSOR 4506-A
RELEASE DATE: APRIL, 1996 (Revised for posting January 2002)
PHASE & RHYTHM: ROUNDALAB Phase IV + 1 JIVE AND FOXTROT
(CHASSE ROLLS, VARIATIONS OF)
SPEED: 45 RPM
FOOTWORK: Opposite unless indicated. Directions given for man, womans directions in [].
SEQUENCE: INTRO, A, B, C, D, A, END

INTRODUCTION

1-4 WAIT ; ; BACK WALK 6 ; - , - , ROCK BACK, RECOVER (CP WALL);

(1-2) in LOP FCG LOD wait 2 meas;; (3-4) bk L, bk R, bk L, bk R ; drawing the W in to M bk L, bk R tng W to SCP LOD, rk bk L, rec R CP WALL;

PART A

1-4 JIVE CHASSE LEFT & RIGHT ; INTERRUPTED FALLAWAY THROWAWAY WITH DOUBLE RUNAWAY ROLLS; ; ;

(1) sd L/cl R, sd L, sd R/cl L, sd R; (2) rk bk L, rec R, sd L/cl R, sd L tng 1/4 lf [*fwd R/L tng if of M, sd R*] both commensing lf roll; (3) rolling down LOD W staying in front and M following in runaway position sd R/cl L, sd R tng 1/2 lf to bk to bk (option: during roll both raise arms above head), sd L/cl R, sd L tng 1/2 lf to fc fc (option: during roll both lower arms down to side); (4) sd R/cl L, sd R tng 1/2 lf to bk to bk (option: during roll both raise arms above head), sd L/cl R, sd L tng 1/2 lf to fc fc (option: during roll both lower arms down to side);

5-8 - , - , LINK ROCK TO DOUBLE CHASSE ROLLS ; ; ; (SCP LOD);

(5) sd R/cl L, sd R [*sd & bk L/cl R, sd L*] endg LOP FCG LOD, rk bk L, rec R; (6) sd & fwd L/cl R, fwd L tng 1/8 rf [*tng 1/8 rf*], fwd R/cl L, sd R tng 1/8 rf [*tng 1/8 rf*] commensing rf roll [*lf roll*]; (7) rolling toward RLOD sd L/cl R, sd L tng 1/2 rf to bk to bk (option: during roll both raise arms above head), sd R/cl L, sd R tng 1/2 rf to fc to fc (option: during roll both lower arms down to side); (8) repeat part A measure 7 endg SCP LOD;

9-12 CHG RIGHT TO LEFT ; - , - , CHG LEFT TO RIGHT ; ; CHG HANDS BEHIND BACK ;

(9) rk bk L, rec R, sd L/cl R, sd L tng 1/4 lf [*fwd R tng 3/4 rf under joined lead hds*]; (10) sd R/cl L [*sd & bk L/cl R*], fwd & sd R [*sd & bk L*] endg LOP FCG LOD, rk apt L, rec R; (11) sd L/cl R, sd L tng 1/4 rf [*fwd R/cl L, fwd R tng 3/4 lf under joined lead hds*], sd R/cl L, sd R endg LOP FCG WALL; (12) rk apt L, rec R, fwd L/cl R, fwd L tng 1/4 lf [*tng 1/4 rf*] chg W's R hd to M's R hd bhd bk;

13-16 - , - , CHG LEFT TO RIGHT ; ; LINK ROCK ; - , - , ROCK BACK, RECOVER (SCP LOD) ;

(13) sd & bk R/cl L, sd R tng 1/4 lf [*sd & bk L tng 1/4 rf*] chg W's R hd to M's L hd, rk apt L, rec R; (14) sd L/cl R, sd L tng 1/4 rf [*fwd R/cl L, fwd R tng 3/4 lf under joined lead hds*], sd R/cl L, sd R endg LOP FCG WALL; (15) rk bk L, rec R, sd & fwd L/cl R, fwd L tng 1/8 rf [*tng 1/8 rf*]; (16) fwd R/cl L, sd R tng 1/8 rf [*tng 1/8 rf*], rk bk L to SCP LOD, rec R;

SINGING THE BLUES (Pg 2)

PART B

1-4 FOUR POINT STEPS ; ; (NO ROCK) JIVE WALKS ; SWIVEL WALKS;

(1) pt L sd & fwd, sd L, pt R sd & fwd, sd R; (2) repeat part B measure 1; (3) fwd L/cl R, fwd L, fwd R/cl L, fwd R
(4) moving down LOD xing one foot if of the other fwd L, fwd R, fwd L, fwd R;

5-8) FOUR POINT STEPS ; ; (NO ROCK) JIVE WALKS ; SWIVEL WALKS;

(5-8) repeat measure 1 thru 4 part B; ; ;

9-12 (NO ROCK) CHANGE RIGHT TO LEFT ; CHANGE LEFT TO RIGHT ;

- , - , CHANGE HANDS BEHIND BACK ; ;

(9-12) repeat second half measure 1 thru first half measure 5 of part A ; ; ;

13-16 CHANGE LEFT TO RIGHT ; - , - , LINK ROCK ; ;

ROCK BACK, RECOVER, WALK, PICKUP (CP LOD);

(13-15) repeat second half of measure 5 thru first half measure 8 of part A ; ; ; rk bk L, rec R, sm stp fwd L , cl R[fwd L tng lf if of M to CP/LOD];

PART C

1-4 DIAMOND TURN ; ; ; ;

(1)fwd L tng lft fc on diag to BJO, -, cont tn sd R, bk L; (2) tng lft fc bk R on diag, -, cont tn sd L, fwd R; (3) fwd L tng lft fc on diag, -, cont tn sd R, bk L; (4) tng lft fc bk R on diag, -, cont tn sd L, fwd R endg CBJO LOD;

5-8 THREE STEP ; HALF NATURAL TURN ; SPIN TURN ; FEATHER FINISH ;

(5) fwd L adjusting to CP LOD, -, fwd R, fwd L; (6) fwd R commensing rf tn, -, sd DLW L [cl R to L with no wgt execute a heel tn chg wgt to R at end of tn], bk R; (7) bk L pvt 1/2 rf to fc LOD, -, fwd R cont tn rising of ball of foot L leg extended bk & side [bk L cont tn brushing R to L], rec sd & bk L endg CP DLW; (8) bk R tng 1/8 lf, -, sd & fwd L, fwd R outsd W endg CBJO DLC;

9-12 DIAMOND TURN ; ; ; ;

(9-12) repeat part C measures 1 thru 4 ; ; ; ;

13-16 THREE STEP ; HALF NATURAL TURN ; OVERTURNED SPIN TURN (CP/WALL) ;

HALF BOX BACK (SCP/LOD) ;

(13,14) repeat part C measures 5 & 6 ; ; ; (15) repeat part C measure 7 tng 3/4 rf to fc Wall ; (16) bk R, -, sd L, cl R opening to SCP LOD ;

PART D

1-4 FOUR POINT STEPS ; ; (NO ROCK) JIVE WALKS ; SWIVEL WALKS;

(1-4) repeat measure 1 thru 4 part B; ; ; ;

5-8 FOUR POINT STEPS ; ; (NO ROCK) JIVE WALKS ; SWIVEL WALKS TO A PICKUP;

(1-3) repeat measure 1 thru 3 part B; ; ; (8) moving down LOD xing one foot if of the other fwd L, fwd R, fwd L, cl R[fwd L tng 1/2 lf if of M to CP];

9-12 DIAMOND TURN ; ; ; ;

(9-12) repeat part C measures 1 thru 4 ; ; ; ;

**SINGING THE BLUES (Pg 3)
PART D (continued)**

13-16 THREE STEP ; FEATHER/CHECK (LOP/FCG) ; BACK WALK 6 ; - , - ,

ROCK BACK RECOVER (CP WALL):

(13) repeat part C measures 5 ; (14) fwd R, -, fwd L, fwd R/CHECK outsd W endg CBJO quickly separating to LOP FCG LOD ; (15,16) repeat INTRODUCTION measures 3 & 4 ; ;

END

1-4 FOUR POINT STEPS ; ; (NO ROCK) JIVE WALKS ;

SWIVEL WALKS (HLF OPEN MAN TRANS):

(1-3) repeat measure 1 thru 3 part B ; ; ; (4) moving down LOD xing one foot if of the other fwd L, fwd R, fwd L, tch R to L [*fwd L*] ;

5-8 POINT SIDE & CROSS TWICE ; ; POINT SIDE & HOOK ;

BOTH UNWIND (LOP FCG LADY TRANS), ROCK APART, RECOVER (CP WALL):

(5) same foot work in hlf op pt R to sd & fwd, -, x R if of L, - ; (6) pt L to sd & fwd, -, x L if R, - ; (7) pt R to sd & fwd, -, hook R over L, - ; (8) on ball of R foot unwind 3/4 If using toe of L foot touching floor to maintain ballance endg LOP FCG WALL [*unwind 1 1/4 to fc ptrn transisioning by chg wgt from R to L as unwind is completed*], -, rk apt L, rec R endg CP WALL ;

9-12 JIVE CHASSE LEFT & RIGHT ; INTERRUPTED FALLAWAY THROWAWAY WITH

DOUBLE RUNAWAY ROLLS ; ; ;

(9-12) repeat part A measures 1 thru 4 ; ; ; ;

13-18 - , - , LINK ROCK ; ; ROCK BACK, RECOVER TO 3 SLOW ROCK THE BOATS ; ; ;

- , - , QUICK APART, POINT:

(13,14) repeat part A measures 5 and 6 ; ; ; (15) rk bk L to SCP LOD , rec R, slo fwd L with straight knee leaning forward, - ; (16) with rocking motion and relaxed knees cl R leaning backward, -, slo fwd L with straight knee leaning forward, - ; (17) with rocking motion and relaxed knees cl R leaning backward, -, slo fwd L with straight knee leaning forward, - ; (18) with rocking motion and relaxed knees cl R leaning backward, -, qk apt L swinging lead arms up, pt R sd & fwd snapping lead arm out to side on last note ;